

THE CAMBRIDGESHIRE CARE HOME



FIRST CARE HOMES
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— WELCOME —

The Cambridgeshire Care Home
is part of the First Care Homes Group,
an independent care home provider launched
and owned by the Jeffery family who originally
founded the highly respected and award
winning Caring Homes Group.



"The only kind of dignity which is genuine is that which is not diminished by the indifference of others."

Dag Hammarskjöld

Traditional values and state of the art design

The Cambridgeshire Care Home is an attractive, modern, purpose-built care home, providing residential and nursing care for up to 72 elderly people.

The home has been specifically designed with an open plan feel to provide maximum light throughout. The home boasts excellent landscaped gardens overlooked by extensive balconies.

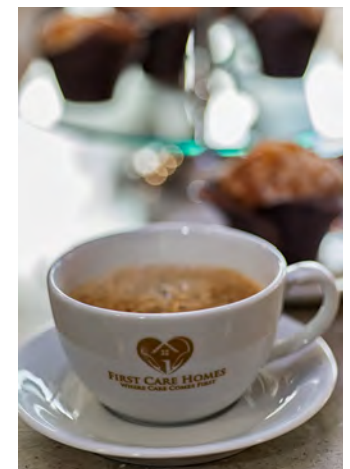
The Cambridgeshire Care Home also offers residents a choice of lounges where they can chat and relax.

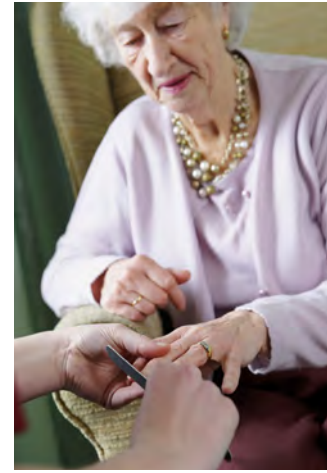
There are superbly appointed communal areas as well as a choice of dining facilities throughout the home.

Our philosophy is quite simple: to provide the very highest standard of care for every person living at The Cambridgeshire Care Home and to ensure that every resident is able to enjoy the highest quality of life.

Our Care Home provides residential, nursing and specialist dementia care, meaning that the changing needs of elderly residents can continue to be met throughout their stay with us.







"I'm in the autumn of my years. And I think of my life as vintage wine."

Frank Sinatra



Beautiful interiors & stunning landscaped gardens

The Cambridgeshire Care Home provides residential and professional nursing and specialist dementia care in superior accommodation in a carefully designed modern, purpose-built setting. The home offers a delightful living environment that encourages independence and provides light, bright and homely accommodation.

In addition to the lounges and dining facilities there is a dedicated treatment room, state of the art cinema and private dining room where residents, friends and families can celebrate special occasions.

Features of the accommodation include:

- Lounge diners
- Hairdressing salon
- Extensive family bistro where residents can entertain their family and friends
- Nurse call incorporating the latest technology
- Direct dial telephone to each resident's bedroom
- Stunning balconies with panoramic views
- Internet Wi-fi throughout the home
- All bedrooms equipped with large digital flat screen televisions

with freeview

- Sky+ family packages available in all rooms on request

The home has a wide variety of luxurious bedrooms and suites which are bright, spacious and carefully designed to maximise comfort. Residents can personalise their own rooms with ornaments, photographs, pictures and other treasured items if they wish.

Additionally, our dementia suite bedrooms include a wide range of features and facilities such as memory boxes, wraparound signage, passive infrared sensor lighting and bespoke furniture.

These are all considered best

practice by the internationally renowned Iris Murdoch Dementia Development Centre at Stirling University.

The beautiful interior utilises bespoke materials, with high quality fabrics, wallpapers and furnishings to create a real home-from-home ambience.

The Cambridgeshire Care Home's landscaped gardens have been designed to combine floral borders, lawns, trees and shrubs with spacious areas for the enjoyment of our residents and their families, enhanced by our specially commissioned water features.



"Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around."

Leo F. Buscaglia



Professional nursing and healthcare

At The Cambridgeshire Care Home we pride ourselves on our ability to respond to individual needs. Whether a resident's stay with us is just a two-week break or a permanent residency, everyone living at The Cambridgeshire Care Home will be treated with dignity, compassion and respect.

One of the unique characteristics of the home is our ability to provide a full myriad of professional care and support including residential, nursing, or specialist dementia care, thus providing a true care pathway to elderly people.

Once an enquiry has been made about the home, a member of our professional nursing team will meet each resident to undertake a full needs assessment to enable us to develop a truly tailored care plan that will form the basis of the care and support received.

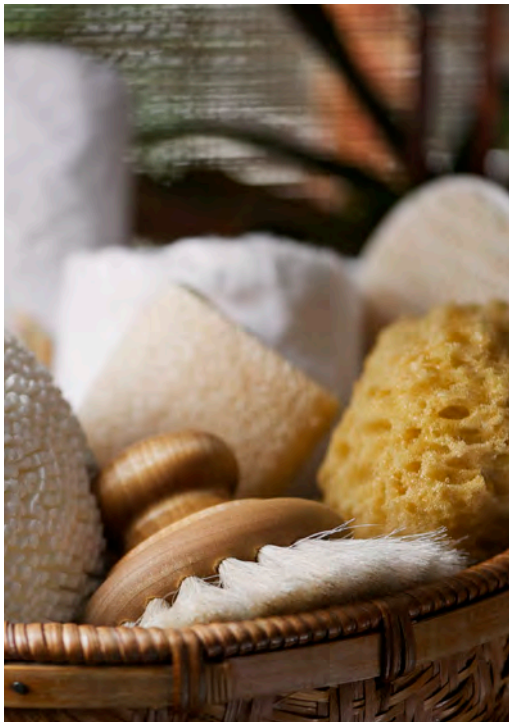
Operating to rigorous policies and procedures and with a robust approach to clinical governance, we aim to ensure that highly professional personal and nursing care is delivered at all times.

Our staff are highly skilled and always working towards further professional development to ensure that their skills are up to date and always based on the latest best practice.

The home has qualified nursing staff who are on duty 24 hours a day. We care for people with a variety of medical conditions including Parkinsons Disease, Strokes, diabetes and heart disease. We offer convalescence and respite care. In addition to the nursing team we have care staff who have attained a qualification in care (for example NVQ/QCF or the Care Certificate).

We are supported by a team of kitchen, domestic, laundry, maintenance and hospitality staff. The home employs an activities coordinator who works with every resident to develop a programme of activities designed to meet the spiritual, physical and social needs of each individual. Underpinning this approach is the creation of a 'Life Story' record for each resident. 'Life Stories' were initially devised for residents living with dementia, to create a record of the individual's life, working with the resident and family and loved ones.





"Don't walk in front of me, I may not follow; Don't walk behind me,
I may not lead; Walk beside me, and just be my friend."

William Arthur



Tranquillity and comfort in Cambridgeshire



Lying three miles south of Cambridge city centre and just one mile from the M11 and Addenbrooke's hospital, the home is ideally situated close to museums, botanical gardens and wildlife parks.

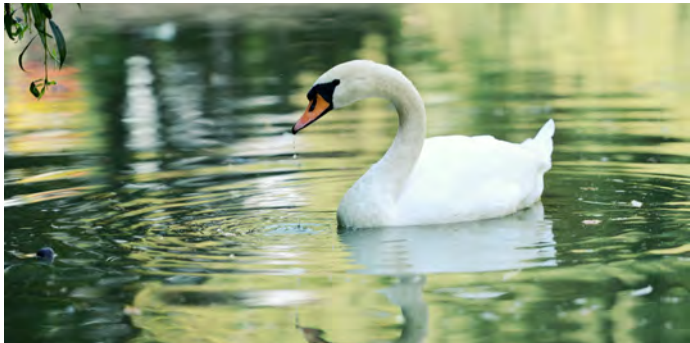
The home enjoys an enviable position combining great transport links with the picturesque Cambridgeshire countryside.

The vibrant local area offers an abundance of shops, nurseries, pubs, tea rooms and restaurants.

The Cambridgeshire Care Home will focus on developing a number of links with local schools and organisations, offering our residents the opportunity to pursue hobbies and interests, spend time with a range of people and play an active part in the community. The excellent public transport links nearby ensure that all of these services are easily accessible.

"This is English country living at its best!
My family never get tired of visiting me."







"I love everything that's old - old friends, old times,
old manners, old books, old wine."

Oliver Goldsmith

Hospitality above and beyond

First Care Homes' philosophy is to value each resident as an individual and to deliver first class hospitality above and beyond the traditional expectation of a "care home".

The home employs a dedicated Hospitality Manager to ensure the excellent cuisine and presentation of the home are maintained to the highest standards.

Our qualified Head Chef strives every day to produce delicious 'à la carte' menus which fulfil individual dietary requirements and cater to personal choice.

Afternoon tea is available every day featuring a choice of teas and freshly prepared cakes and pastries.

The Head Chef works closely with residents to understand personal preferences and organises taster sessions to introduce new items to the menus. He works closely with the home's clinical teams to understand the varied dietary requirements of each individual.

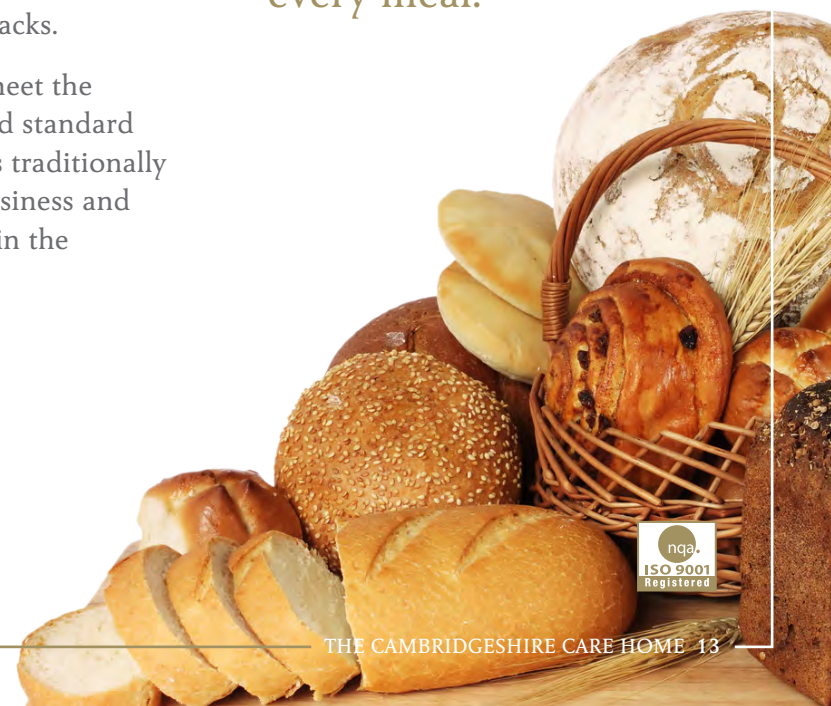
Special consideration is given to our residents living with dementia who may require a variety of meals to include fortified foods, soft and puree diets and snacks.

We are proud to meet the Hospitality Assured standard (HCIMA) which is traditionally associated with business and service excellence in the hotel sector.

"The food is delicious;
I look forward to
every meal."



Hospitality
assured



nqa.
ISO 9001
Registered

"I feel the capacity to care is the thing
which gives life its deepest significance."

Pablo Casals



Activities and social occasions



We firmly believe that a move into a care home should be a positive one, and that a wide variety of activities and social opportunities are essential to a person's quality of life and fulfilment.

Our activities organiser creates a range of interesting and varied activities and events both inside and outside the home. This is enhanced by creating strong links with local groups, clubs and associations so that residents can enjoy a life that is integrated into their community.

Additionally we organise a series of social functions throughout the year to maintain the home's position in the heart of the community. Residents' birthdays provide further opportunities for social gatherings within the home and are always celebrated in style.

Activities include
Regular Outings
Art Classes
Bridge Club
Baking
Gardening
Interactive Quizzes
& Games





How to find us

If you are looking for a truly outstanding and quality assured care home for yourself, a friend or a relative, please contact our Home Manager for further details or to arrange a viewing:

Telephone 0808 223 5550

Email enquiries@cambridgeshirecarehome.co.uk

www.cambridgeshirecarehome.co.uk

The Cambridgeshire Care Home
176-178 Cambridge Road,
Great Shelford, Cambridge CB22 5JU

A commitment to quality

First Care Homes is a quality accredited national care home operator. We are proud to adhere to ISO9001:2000 and Hospitality Assured quality standards. First Care Homes was founded by registered nurse Helena Jeffery and her sons Robert and Paul Jeffery.

